

NECSD Pre-K Breakfast & Lunch Menu

JANUARY 2024

	2	3	4	5
	<p>Breakfast: Cheerios Cereal Bowl Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Chicken Nuggets w/ a Whole Wheat Dinner Roll Sweet Potato Fries Chilled Applesauce 1% Milk</p>	<p>Breakfast: WG Banana Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Pepperoni & Cheese French Bread Pizza Steamed Broccoli Fresh Fruit 1% Milk</p>	<p>Breakfast: Mini Confetti Pancakes Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Bagel Kit WG Bagel w/ Cream Cheese Low fat Yogurt Mozzarella Cheese Stick Carrot Sticks w/ Dip Fresh Fruit 1% Milk</p>	<p>Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Tossed Romaine Salad Chilled Applesauce 1% Milk</p>
	8	9	10	11
	<p>Breakfast: Nut-Free Granola Low Fat Yogurt Fresh Fruit 1% Milk</p> <p>Lunch: Golden Chicken Filet on a Whole Wheat Roll Steamed Carrot Coins Fresh Fruit 1% Milk</p>	<p>Breakfast: Chicken Sausage on a Biscuit Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Twisted Cheese Filled Breadstick w/ Marinara Steamed Broccoli Fresh Fruit 1% Milk</p>	<p>Breakfast: WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Brunch for Lunch: Cinnamon French Toast Sticks Chicken Sausage Patty Oven Roasted Potatoes Warm Blueberries 1% Milk</p>	<p>Breakfast: Egg & Cheese on an English Muffin Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Soft Beef & Cheese Taco Golden Corn Fresh Fruit 1% Milk</p>
	15	16	17	18
<p>Martin Luther King Jr. Day</p> <p>No School</p>	<p>Breakfast: Cinnamon UBR Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Chicken Tenders w/ an Emoji Waffle Steamed Carrot Coins Fresh Fruit 1% Milk</p>	<p>Breakfast: WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Grilled Cheese on Whole Wheat Bread Steamed Green Beans Chilled Peaches 1% Milk</p>	<p>Breakfast: Cinnamon French Toast Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Meat Sauce over WG Pasta Steamed Broccoli Fresh Fruit 1% Milk</p>	<p>Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Spinach Salad Chilled Peaches 1% Milk</p>
	22	23	24	25
	<p>Breakfast: Zee Zee's B-day Cake Bar Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Popcorn Chicken w/ a WG Mini Biscuit Mashed Potatoes Steamed Corn Fresh Fruit 1% Milk</p>	<p>Breakfast: Maple Belgian Waffle Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Pizza Kit!! WG Flatbread w/ Marinara Sauce and Mozzarella Cheese Fresh Broccoli Florets Chilled Peaches 1% Milk</p>	<p>Breakfast: WG Banana Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: All Beef Burger on a Whole Wheat Bun Golden Corn Fresh Fruit 1% Milk</p>	<p>Breakfast: WG Bagel w/Cream Cheese Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Beef & Cheese Nachos Steamed Corn Steamed Brown Rice Fresh Fruit 1% Milk</p>
	29	30	31	
	<p>Breakfast: Emoji Grahams Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Chicken Nuggets w/ a Whole Wheat Dinner Roll Sweet Potato Fries Chilled Applesauce 1% Milk</p>	<p>Breakfast: Cheerios Cereal Bowl Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Macaroni & Cheese Steamed Broccoli Chilled Diced Pears 1% Milk</p>	<p>Breakfast: WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Chicken Parm Slider Steamed Green Beans Fresh Fruit 1% Milk</p>	