



## Beginning of the Year Pre-Kindergarten Learning Choice Board

Week 5	Social Emotional	Literacy	Math	Physical/Gross Motor	Fine Motor
	<p><b>Objective:</b> Students will manage, identify and describe feelings.</p>	<p><b>Objective:</b> Students will use language to express thoughts and needs. Students will demonstrate knowledge of print and its uses.</p>	<p><b>Objective:</b> Students will use number concepts and operations.</p>	<p><b>Objective:</b> Students will demonstrate traveling skills, balancing skills and gross-motor manipulative skills.</p>	<p><b>Objective:</b> Students will use fingers and hands to accomplish fine motor tasks.</p>
<b>Monday</b>	<p>Let's talk about our feelings. What does happy mean?</p> <p>Draw a person that makes you happy. Why does this person make you happy?</p>	<p>Go on a scavenger hunt in your home. See if you can find the following things:</p> <ul style="list-style-type: none"> <li>A toy</li> <li>A book</li> <li>A pencil</li> <li>A stuffed animal</li> </ul>	<p>Take out some small toys and place them in front of your child. Have your child count the objects using his/her fingers to follow along. Each time they touch an object, they should say a number. Start with numbers 1-5. If</p>	<p>Go outside and do the following work out:</p> <ul style="list-style-type: none"> <li>Touch your toes 10 times.</li> <li>10 jumping jacks.</li> <li>10 squats</li> <li>Hop on your right foot 10 times. Hop on your left foot 10 times.</li> <li>Run in place for 30 seconds.</li> </ul>	<p>Make a picture using stickers or self-sticking paper (O) reinforcements.</p>



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		What is your favorite thing that you found on the scavenger hunt and why?	they do that easily, you can move on using the numbers 6-10.	(Repeat 3 times)	
<b>Tuesday</b>	<p>Make a happy face. Use a paper plate or a piece of paper to draw your happy face.</p> <p>Name 2 things that make you happy. Why do these things make you happy?</p>	<p>What would you like to do in pre-k? Talk about it.</p> <p>You can draw a picture, too (optional).</p>	<p>Go around the house and have your child find 5 red objects. (Put all objects away when done). Go around again and find 5 things that are blue. Have your child put all objects away when done).</p>	<p>Put objects outside (or inside your home). Have students jump over one object at a time. After they jump over each object, they have to stop and hop on one foot 10 times. Have at least 5 things to jump over. (Repeat 3 times) (Jump over object, hop 10 times, jump over object, hop 10 times etc....)</p>	<p>Scrunch up one sheet of newspaper in one hand-great for building strength!</p>



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<b>Wednesday</b>	<p>Go find a toy that makes you happy. Sit down with that toy and draw it.</p> <p>Why does this toy make you so happy?</p>	<p>Sing the alphabet song. Keep practicing!</p>	<p>Go around the house and have your child find 5 green objects. (Put all objects away when done). Go around again and find 5 things that are yellow. Have your child put all objects away when done).</p>	<p>Go outside and do the following work out: Touch your toes 10 times. 10 jumping jacks. 10 squats Hop on your right foot 10 times. Hop on your left foot 10 times. Run in place for 30 seconds. (Repeat 3 time</p>	<p>Shake dice by cupping the hands together, forming an empty air space between the palms.</p>
<b>Thursday</b>	<p>Create a happy puppet: Use a brown paper bag (or anything else you may have) to create a puppet that only talks about happy things.</p> <p>What are 3 things that make this puppet so happy?</p>	<p>Write your child's first name on a piece of paper. Only capitalize the first letter of his/her name. The rest should be written in lowercase letters. Leave it in a spot where they can refer to it everyday (ex. The</p>	<p>Go for a walk outside and have your child find 5 leaves. Go inside and have your child count the leaves, trace the leaves, color in the leaves and then cut out each leaf (if they can).</p>	<p>Put objects outside (or inside your home). Have students jump over the objects one at a time. After they jump over each object, they have to stop and hop on one foot 10 times. Have at least 5 things to jump over.</p>	<p>Attempt to turn over cards, coins, checkers, or buttons, without bringing them to the edge of the table.</p>



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		refrigerator).		(Repeat 3 times) (Jump over object, hop 10 times, jump over object, hop 10 times etc....)	
<b>Friday</b>	<p>Sing if you're happy and you know it clap your hands.</p> <p>I am happy song: I am happy. I am happy Happy me. Happy me. I am very happy. I am very happy. Happy me. Happy me. :)</p>	<p>*Have your child practice recognizing and identifying the letters in his/her name. *Clap &amp; say each letter out loud. *Do this exercise daily.</p>	<p>Go for a walk outside and have your child find 5 rocks.. Have your child count the rocks and put them in order from smallest to largest and then largest to smallest. Have your child pick his/her favorite rock and decorate it.</p>	<p>Freeze game. Put on a song and have your child dance. When the music stops....your child has to freeze. Go over the word freeze (or stop). Keep playing until they understand and get the concept.</p>	<p>Use scissors to make fringe on the edge of a piece of construction paper.</p>