

Name: 9th & 10th GradeClass: High School Plan

This guide book is designed to assist students and their families to understand the timeline of the 9th and 10th grade year. There is college, career and financial aid information in the back of this guidebook as well.

The tabs on the left allow you to click on that specific tab which brings you the assigned page. Click [here](#) for a short video on how to use this guidebook to help you!

As always, reach out to your Counselor for additional information or help.

MRS. DELEONEmail: ndeleon@necsd.netREMIND: @nz2023 Text 81010 (10th Grade)
@nfan2022 Text 81010 (11th grade)Appointment: calendly.com/ndeleon-1**MRS. HARROLD**Email: charrold@necsd.netREMIND: @2024ptech (9th grade)
@2023ptech (10th grade)
@2022ptech (11th grade)
@2021ptech (12th grade)

Voicemail: 845-563-8411

Appointment: calendly.com/charrold

Or contact through email or Remind and I will send a Google Meet link

MRS. KRAUSEmail: hkraus@necsd.netREMIND: 9th grade: Text - @nfan2024 to
81010
text @nfan2023gm to 81010 (Grade 10)

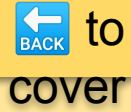
Appointment:

<https://calendly.com/hkraus-1>**MR. McALLISTER Sr**Email: jmcallister@necsd.netREMIND: @nfan2023af (10th grade)
@nfan2017b (12th grade)

Appointment:

<https://calendly.com/jmcallister-3>

contact through Remind or through email to receive a Google Meet Link ↑

A yellow rectangular button with a blue square containing a white left-pointing arrow and the word "BACK" in white. To the right of the button, the words "to" and "cover" are written in a dark grey font.

Freshman Fall

An orange pushpin with a silver metal base is pinned to the top left corner of the white paper.

TO DO LIST

- *Review 4-year plan with your counselor*
- *Challenge yourself/keep grades up*
- *Get involved in school and out*
- *Choose your friends wisely*
- *Explore and discuss college options*
- *Start an academic resume – clubs/sports/awards*
- *Get your parents involved – discuss college savings*
- *Plan meaningful summer activities and college visits*

Relax! Have fun and enjoy the first year of high school.

PLANNING YOUR DREAMS

Edsouth | ©2014

Make sure you meet with your school counselor. You should schedule a meeting to talk about college and career options and to choose the most-appropriate classes.



Click [here](#) to watch a welcome video from your North 9th grade Counselor, Mrs. Kraus.

Make sure you know what is required of you to graduate, how many credits you need and how many state exams you need.



Click [here](#) for a video from Mrs. Kraus breaking down NYS regents requirements and credit requirements.

Set goals for the school year. Working toward goals helps you stay motivated and focused.



Click [here](#) for a short video on goal setting.

Make a plan with your teachers to check in regularly about schoolwork. If you keep up with your attendance, your assignments, and your homework you are more likely to be successful throughout high school. It is important to set a good foundation for high school in your 9th grade year.



Click [here](#) for a short video on how to use the NFA North Classroom.

North Class Code: **p7kthle**

This is a tough time for everyone right now. Many students are struggling and need help academically, socially and emotionally. At North we have a great support staff. Mr. Atkins is our Social Worker and Mrs. Mojica is our School Psychologist.

It is **ALWAYS** ok to reach out for a helping hand





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Freshman Winter

Freshman Winter

Discuss next year's classes with your parent/guardian. Make sure you challenge yourself by taking the courses that college admission officers expect to see. Take the most challenging courses that **YOU** feel you can handle. A little challenge never hurt anyone!

Rise UP to a challenge



Click [here](#) to review the NFA Course offerings and to learn about the courses available at both the North and Main Campus. **(Remember: This is updated yearly).**



Click [here](#) to watch a short video from Mrs. Kraus on how to use Charting Your Course.

****You will meet with your Counselor in the spring to go over your courses for next year. ****

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cover

Freshman Spring/Summer

Freshman
Spring/Summer



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Start a college list. Visit [College Search Step-by-Step](#) with your parent/guardian to get tips on starting a college search and figuring out what matters most to you when choosing a college.



Click [here](#) for a step by step video from Mrs. Kraus on the college search using College Board



Click [here](#) for a step by step video from Mrs. Kraus on the college search using Naviance.



See how much you need to save for college. Use the [College Savings Calculator](#) to get an idea of where you are compared with your savings goal. Start talking to your parents about the cost of college.



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Start to make summer plans. Summer is a great time to explore interests and learn new skills — and colleges look for students who pursue meaningful summer activities. Find out ways you can [stay motivated this summer](#).

- **Get a part-time job**
- **Work at a summer camp**
- **Newburgh Summer Youth Employment** (*Applications available in the Spring*)
- **Volunteer**

Start working on a resume! A resume is used for teachers to write college recommendations. It is also used when you need to report all of the things you've done throughout high school.

Click:

Create a resume in Naviance. Click [here](#) to watch a “how to” video from Mrs. Kraus

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10th Grade Fall Plan

10th grade Fall

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Make sure you meet with your school counselor. You should schedule a meeting to talk about college and career options and to make sure you are taking the most-appropriate classes. Learn more about [the high school counselor's role](#).



Click [here](#) for a welcome video from the NFA North Counseling staff.

Set goals for the school year. Working toward specific goals helps you stay motivated and focused. Check out these free apps:

FREE goal setting apps (Iphone & Andriod users)

Strides:



Productive:



Way of life:





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Make a plan to check in regularly about schoolwork. If you keep up with your tests, papers, attendance and homework assignments, you can celebrate successes and head off problems early on. Get [homework tips](#) here.


Getting involved in clubs and other groups is a great way for you to identify interests and feel more engaged in school. In a normal year, we hold events, including a club day to get students interested in all that NFA has to offer!

(Examples of clubs include: fencing, astronomy, future teachers, Debate, Yearbook, Photo club, PRISM, Youth in Government)



Get ready to take the PSAT/NMSQT, if your school offers it to sophomores. Taking the test in the fall can help you prepare for the SAT and get on track for college. Sophomores can also use their score reports to figure out which academic areas they need to work on. Learn more about the [PSAT/NMSQT](#).

Traditionally, we offer the PSAT in October at NFA. However, this year, we are not offering the PSAT at this time. The PSAT is a practice SAT. It helps a student see how they might do on the SAT when they take it usually in their 11th grade year.

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10th Grade
Winter

10th Grade Winter Plan



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Most students take the SAT in their 11th grade year. However, some students do take it in their 10th grade year.

The purpose of the **SAT** is to measure a high school student's readiness for college, and provide colleges with one common data point that can be **used** to compare all applicants.

The SAT covers Reading, Writing and Math



Some colleges require or recommend that you take **SAT Subject Tests**, especially if you're applying to take specific courses or programs. [See a list of colleges that require, recommend, or consider Subject Tests.](#)



Websites for SAT, ACT sign up & review:

www.collegeboard.com

www.actstudent.org

www.kaplanreview.com

An alternative to the SAT is the ACT - Always check with the colleges you are thinking about to know what type of exam they want.

The ACT covers English, Math, Reading and Science



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Discuss next year's classes with your parents! Make sure you will be challenging yourself by taking the courses that college admissions officers expect to see. Even though only 3 years of Math and Science are **REQUIRED** - it's best to take additional years.

Rise UP to a challenge!!!



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10th Grade
Spring/Summer

10th Grade Spring/Summer Plan



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Make a college wish list together. Talk with your parent/guardian about qualities you may want in a college in terms of location, size, majors offered and so on. Check out [How to Find a College That Fits You](#) to learn more about deciding on college must-haves.




Summer is a great time to explore interests and learn new skills — and colleges look for students who pursue meaningful summer activities. Find out five ways to [stay motivated this summer](#).

- **Get a part-time job**
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- **Newburgh Summer Youth Employment** (*Applications available in the Spring*)
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Start working on a resume! A resume is used for teachers to write college recommendations. It is also used when you need to report all of the things you've done throughout high school.

Create a resume in Naviance. Click [here](#) to watch a “how to” video from Mrs. Kraus



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College and Career Resources



Look for the app
on your iphone or
android



We use Naviance as a main way to search for colleges and careers. However, here are additional resources to do your college & career research:

College Resources



[College Board online](#): Click on "college search" and you'll be connected with a database of more than 3,500 two-year and four-year colleges. Choose from among 800 features to create a profile of your ideal college and, in seconds, get a list of colleges that fit the bill. The site also includes the entire text of the latest edition of The College Handbook and lets you complete and submit admission applications online.



[Niche](#) - Read reviews about colleges from a student's perspective.



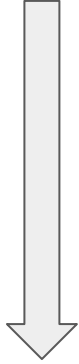
Click [here](#) for a "how to" video from Mrs. Kraus on using Niche

[College Xpress](#): Search colleges by state, major, and a host of other factors. Take a visual tour of some colleges and ask their experts questions about the college admissions process. This site also lets you estimate your costs, locate scholarships, and discover loan information. There's a "student center," a "parent corner," and a "sports source" that provides athletic information on the colleges of your choice.

[Peterson's Education Center](#): Peterson's college database is available on this Web page as is a vast amount of other useful educational and career information.

[The Princeton Review](#): Students can search the site by a college's name, region, state, size, and cost. The Princeton Review also offers its own rating of hundreds of colleges, SAT and ACT test-prep courses, a feature that allows students to find a major that suits their personality, and all kinds of advice on applying to colleges, interview tips, admissions tips, and much more.

Look for the app
on your iphone or
android



Career Resources

<https://www.careerzone.ny.gov/views/careerzone/index.jsf> - Career Zone is the place to explore careers related to your strengths, skills and talents.



<https://www.bls.gov/ooh/> - Occupational Outlook Handbook - Information on types of careers, what type of degree you need, the pay you might expect in a career field.



<https://www.usajobs.gov/> - Learn about and research jobs in the federal government.



<https://www.uppercampus.com/students> - Learn about different careers types. Look for the ap too!

<https://www.coolworks.com/> - Learn about different types of jobs the United States, including working at National Parks.



Click [here](#) for a video from Mrs. Kraus on different career assessments you can take through Naviance.



Click [here](#) for a video from roadtrip nation that can help you learn about different career paths.

Look for the app on your iPhone or android

Financial Aid & Scholarship Resources

Educaid: This Web site provides information on getting into college, the financial aid process, explains different kinds of educational loans, recommends timelines for juniors and seniors, and provides information and insights on a host of other topics. There is also a free newsletter students can sign up to receive.

FAFSA (Free Application for Federal Student Aid): All colleges require students to submit a FAFSA form from the federal government to be considered for any financial aid. The federal government's FAFSA Web site provides worksheets and helps with filling out this extremely important form. If you're going to submit your application online, there's also a link to sign up for your personal pin number (direct link at www.pin.ed.gov).



Fastweb: One of the most comprehensive scholarship search Web sites available.

<https://scholarshipinformer.com/> - A scholarship search database.



<https://www.raise.me/> - Scholarship search database



<https://myscholly.com/> - Scholarship search database.



General rule of

You should never have to pay \$ to get \$! If you are asked to pay a fee to apply for scholarships or aid, it is probably a scam so make sure you ask your Counselor.



Your Counselor is
ALWAYS available to
lend a hand! Never
hesitate to reach out
for help.