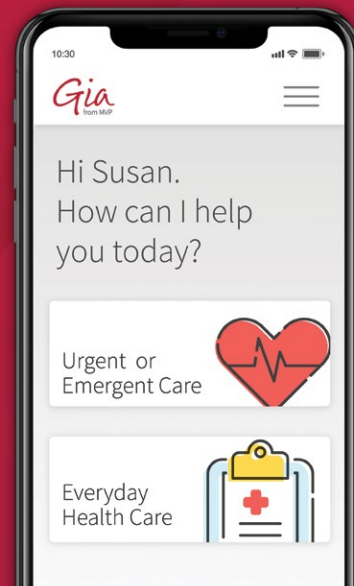


Get the right care, right away.

Start with

GiaSM



Chronic issues, sudden symptoms, accidents or anxiety, questions and concerns...we all need care from time to time. But where should you turn first? **Start with Gia! Exclusively from MVP Health Care.[®]**

Gia is your ultimate health care connection.

Available 24/7 by phone, web, or mobile app, Gia expertly assesses your health needs and quickly refers you to the right care.

Save time.

Why spend weeks waiting for an appointment or hours at the ER or urgent care? Get instant advice from a medical professional about your health care concern, from home or anywhere.

Save money.

Get referred to the right care—MVP's FREE telemedicine services or, when necessary, in-person care from nearby doctors, specialists, labs, pharmacies, and more.* Even better, Gia is free and included with most MVP plans.

Access FREE telemedicine services.

Gia is your connection to MVP's FREE telemedicine services, including:

- 24/7 Emergency Care
- 24/7 Urgent Care
- Mental Health and Psychiatry
- Primary Care
- Lactation Consultants
- Nutritionists and Dieticians
- And more

It's just one more way that MVP is making health insurance more convenient, more supportive, and more personal!

1-800-TALK MVP (825-5687)

*Co-pays/cost shares apply per plan details.

Telemedicine services from MVP Health Care are powered by Amwell and UCM Digital Health. Regulatory restrictions may apply.

Free telemedicine services are available for all MVP members, except those with Medicare MSA, Child Health Plus, and ASO plans.

Health benefit plans are issued or administered by MVP Health Plan, Inc.; MVP Health Insurance Company; MVP Select Care, Inc.; and MVP Health Services Corp., operating subsidiaries of MVP Health Care, Inc. Not all plans available in all states and counties.

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