NECSD Pre-K Breakfast & Lunch Menu

MAY 2024

		Breakfast: WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk Lunch: Pepperoni and Cheese French Bread Pizza Steamed Broccoli Fresh Fruit 1% Milk	Breakfast: Chicken Sausage on a biscuit Fresh, Dried, or Canned Fruit 1% Milk Lunch: Beef & Cheese Nachos Steamed Corn Steamed Brown Rice Fresh Fruit 1% Milk	Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk Lunch: Homemade Cheese Pizza Cucumber Dill Salad Chilled Applesauce 1% Milk
Breakfast: Nut-Free Granola Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk Lunch: Golden Chicken Nuggets W a Whole Wheat Dinner Roll Sweet Potato Fries Chilled Applesauce 1% Milk	Breakfast: WG Mini Maple Waffles Fresh, Dried, or Canned Fruit 1% Milk Lunch: BBQ Chicken & Cheese on a WG Bun Baked Fries Warm Cinnamon Peaches 1% Milk	Breakfast: WG Banana Bread Fresh, Dried, or Canned Fruit 1% Milk Lunch: Turkey & Cheese Sandwich Fresh Carrot Sticks Fresh Fruit 1% Milk	Breakfast: WG Confetti Pancakes Fresh, Dried, or Canned Fruit 1% Milk Lunch: Golden Fish Sticks w/a Whole Wheat Roll Baked Sweet Potato Fries Chilled Mixed Fruit 1% Milk	Breakfast: WG Mini Corn Loaf Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk Lunch: Homemade Cheese Pizza Fresh Broccoli Salad Chilled Cinnamon Pears 1% Milk
Breakfast: Zee Zee's B-day Cake Bar Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk Lunch: Breaded Chicken Filet on a WG Bun Sweet Potato Fries Steamed Green Beans Fresh Fruit 1% Milk	Breakfast: WG French Toast Sticks Fresh, Dried, or Canned Fruit 1% Milk Lunch: Popcorn Chicken w/ a Mini Biscuit Mashed Potatoes Steamed Green Beans Fresh Fruit 1% Milk	Breakfast: WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk Lunch: Homemade Macaroni & Cheese Steamed Broccoli Fresh Fruit 1% Milk	Breakfast: Egg & Cheese on a WG English Muffin Fresh, Dried, or Canned Fruit 1% Milk Lunch: Chicken and Veggie Dumplings Vegetarian Fried Rice Steamed Broccoli Chilled Pears 1% Milk	Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk Lunch: Homemade Cheese Pizza Fresh Spinach Salad Fresh Apple Slices 1% Milk
Breakfast: WG Emoji Grahams Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk Lunch: Golden Chicken Tender w/ an Emoji Waffle Steamed Carrot Coins Fresh Fruit 1% Milk	Breakfast: Cheerios Cereal Bowl Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk ½ Day Lunch: Bagel Kit WG Bagel w/ Cream Cheese Low fat Yogurt Mozzarella Cheese Stick Carrot Sticks Craisins 1% Milk	Breakfast: WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk Lunch: Twisted Cheese Filled Breadstick w/ Marinara Steamed Green Beans Fresh Fruit 1% Milk	Breakfast: Breakfast Calzone Fresh, Dried, or Canned Fruit 1% Milk Lunch: Homemade Cheese Pizza Fresh Romaine Salad Chilled Applesauce 1% Milk	Memorial Day Weekend No School
Memorial Day Weekend No School	Breakfast: Cinnamon UBR Fresh, Dried, or Canned Fruit 1% Milk BRUNCH for Lunch: WG Cinnamon French Toast Sticks Chicken Sausage Patty Oven Roasted Potatoes Warm Strawberry Sauce 1% Milk	Breakfast: WG Banana Bread Fresh, Dried, or Canned Fruit 1% Milk Lunch: Turkey & Cheese Sandwich Fresh Carrot Sticks Fresh Fruit 1% Milk	Breakfast: Maple Belgian Waffle Fresh, Dried, or Canned Fruit 1% Milk Lunch: Homemade Meat sauce over WG Pasta Steamed Broccoli Fresh Fruit 1% Milk	Breakfast: WG Banana Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk Lunch: Homemade Cheese Pizza Cucumber Dill Salad Chilled Applesauce 1% Milk

Meals are provided to all Pre-K Students at NO Cost!